**CALDERDALE TRANSITION SUPPORT PROJECT (TSP)**

**FREE offer to schools – update for Autumn Term 2020**

The Calderdale Transition Support Project (TSP) is a free service which provides support to students, parents, and staff in years 5 & 6 around the emotional impact of transition to high school. In light of coronavirus, the project has reviewed its offer in order to prioritise the needs of current year 6 pupils and those year 7 pupils who have recently transitioned to high school.

The TSP is delivered by a partnership of third sector agencies including Healthy Minds, Barnardo’s, Noah’s Ark Centre, and Northpoint. Schools are now able to request support from one central point on **transitionsupport@northpoint.org.uk** .

The mode of delivery will be regularly reviewed in line with government guidance and the practicalities of social distancing.

Below is summary of the TSP offer to students, school staff and parents/carers.

**Year 5/6/7 Pupils**

* Whole class access to a workshop on transition.
* Whole class access to a workshop on anxiety and mindfulness.
* Whole class access to a diversity/relationship/gender identity workshop
* 1:1 support for children who are questioning their identity or have family members that identify as LGBTQ and want to explore this.
* 1:1 counselling for students who are currently in year 6/7 who could benefit from therapeutic support.
* Access to a range of helpful on-line wellbeing resources

**School Staff**

* Consultation, advice, and guidance to school staff around individual pupils
* Access to a training workshop on transition.
* Consultation on how to support children with inclusiveness and around their gender identity who may want to socially transition, and support to aid the move through to High school.
* Access to session plans/workshop for staff to use with yr 6 students to help them look at diversity/gender identity/health relationships
* Access to lesson plans for Mental Health Awareness workshops, this includes zoom training for 2 members of staff and a later feedback session

**Parents/Carers**

* 1:1 consultation and support around transition concerns.
* Access to a group workshop on how to support young people through transition
* Support where a child identifies as LGBTQ or is questioning their identity.

**To express interest or access any of these free services please contact** **transitionsupport@northpoint.org.uk**

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**Support for children and young people in other year groups**

The Open Minds website ( [**http://www.openmindscalderdale.org.uk/**](http://www.openmindscalderdale.org.uk/) ) has up to date information on services, support and resources for all children and young people, as well as parents/carers, schools and other professionals.

The Time Out website ( [**http://www.timeoutcalderdale.co.uk/**](http://www.timeoutcalderdale.co.uk/)) also has a range of activities, wellbeing tips and creative ideas for young people.