



## **CALDERDALE TRANSITION SUPPORT PROJECT (TSP)**

### **FREE SERVICE – AUTUMN TERM 2021 OFFER**

The Calderdale Transition Support Project (TSP) provides support to Y5, 6 & 7 students, parents/carers, and staff around the emotional impact of transition to high school.

A range of interventions are on offer to Calderdale primary & secondary schools including:

#### **Years 5, 6 and 7 Students**

Whole class workshops on a range of issues including:

- Transition (Y6 only)
- Mental health awareness (Y5, 6 & 7)
- Resilience (Y5 & 6)
- Anxiety (Y5 & 6)
- Friendship, kindness & social media (Y5, 6 & 7)
- Diversity, gender identity & relationships (Y5, 6 & 7)
- Bespoke workshops

1:1 therapeutic interventions and group support available as appropriate, to support a range of issues including children questioning their sexuality and/or gender identity, those struggling with their mental health, emotional and social skills, or family issues

Access to on-line wellbeing resources and self-help support

#### **School Staff**

Consultation, advice, and guidance around the needs of individual students

Staff training session on supporting transition and anxiety

#### **Parents/Carers**

Parent/carer workshops on the following topics:

- Supporting transition (Y6 parents only)
- Understanding and supporting anxiety (Y5 & Y6 parents)

1:1 drop-in consultation offering advice and guidance to help parents/carers support CYP through transition to Y7

Support to families where a child identifies as LGBTQ or is questioning their identity

**TSP is delivered in partnership by Noah's Ark, Barnardo's, Healthy Minds & Northpoint**

**To arrange support for your school or to find out more please contact:**

[transitionsupport@northpoint.org.uk](mailto:transitionsupport@northpoint.org.uk)